

CENTER FOR SELF ADVOCACY

<http://www.nmddpc.com/page/csa>



Some of the organizations with whom the Center collaborates include:

- El Poder de Los Jovenes
- The Arc of New Mexico
- The UNM Center for Development and Disability
- The University of New Mexico
- New Mexico Highlands
- Jemez Vocational Rehabilitation
- Gallup-McKinley School District,
- New Vistas
- Albuquerque Public Schools
- Rio Rancho Public Schools
- Best Buddies of New Mexico
- The Commonwealth of the Northern Mariana Islands Council on Developmental Disabilities
- New Mexico Autism Society
- Self Advocates Becoming Empowered
- YWCA
- The BEST Program
- People First
- Friends of the Center for Self Advocacy



See the growth in outcomes!

# of people served:	# of trainings and events
FY07: 174	39
FY08: 268	24
FY09: 716	73
FY10: 1574	436
FY11: 3524	168

Quotes from Participants

The Center taught me to be a better business-woman, a better advocate and an independent citizen of the United States. - Laura

I am a mentor to others. I inspire others with disabilities and give them hope. -Cynthia

The Center allowed me to build myself up, see the beauty of who I was, and gave me experience at interacting with people in a wide variety of situations in a wide variety of ways. It has made me a better person. -Daniel

Who We Are

The New Mexico Center for Self Advocacy is a place where people with developmental disabilities go to meet, organize, work and train others on how to improve their quality of life. Our goal is to help and support people with developmental disabilities in becoming empowered, make their own decisions, speak up for themselves and others, take control of their own lives, create awareness about disability issues, achieve independence and quality of life and have fun while learning new skills. The Center has been around since 2004. We have grown each year even though our budget has gotten smaller. The Center works with University graduate and undergraduate students in providing them the opportunity to work directly with people with developmental disabilities. This provides the students invaluable experience learning to look at life from a different point of view. All of the trainings are developed and conducted by the self advocates. We go to high schools, middle and elementary schools as well as universities, conferences and other gatherings. We train teachers, service providers, students, and community members at large. **Thousands of people around the state are positively affected** by the activities and work conducted by the Center For Self Advocacy.

Call the Center at 505-341-0036

TRAINING MODULES

- Running Your Own ISP or IEP
- Voting Workshop
- How to Schmooze your Legislator
- Educating Health Care Professionals
- Bullying/Mean People Suck
- We're Grownups Now
- Changing Attitudes
- Know Your Rights
- Leadership
- Self Determination
- Youth Leadership
- Working Together as 1: SA for Middle School
- Teen Advocacy
- Employment Tips
- Employer Awareness for Employers
- Problem Solving on the Job
- Transferrable Skills
- Empowerment in the Workplace
- Good Employer/Employee Relations
- Dress for Success
- Starting your own Business
- Local Resources in NM
- Housing
- Accessibility in Post Secondary Education
- Housing for People with Disabilities
- The Center for Self Advocacy
- Community Safety
- Internet Safety
- Healthy Living
- Money Management
- How to be Social
- Communication
- Ways to meet people
- Getting to Know People
- Going on Dates
- Romance
- Coping with Dumping and Being Dumped
- Lets Talk about Sex
- Talking and Listening
- I am Unique
- Communications and Relationships
- Education Health Care Professionals
- Bullying/Mean People Suck
- We're Grownups Now
- Disability Etiquette
- Anger Management
- The Center for Self Advocacy